

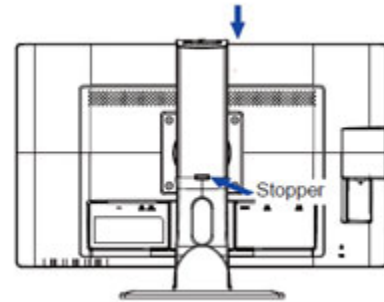
How do I adjust my iiyama monitor stand?

Are you having difficulty adjusting your new iiyama height adjustable monitor stand? Please find written instructions directly below and then a video further down with a list of models this issue is related to.

When you first unpack your new iiyama ProLite monitor with a height adjustable stand, you need to follow these instructions to allow you to adjust the height of the monitor. If you don't follow this process the monitor will remain locked on the stand.

<Stopper>

Put the monitor on a flat surface. Press the stopper at the back of the stand while pushing the monitor from the top. Careful attention is required as the monitor is sprung loaded and the stand may expand quickly.



This process of unlocking the stand applies to the following iiyama height adjustable monitors:

YouTube tutorial link: <https://www.youtube.com/watch?v=4uY8CuSOt40>

For the iiyama ProLite [XB3070WQS-B1](#) you need to follow the below steps:

<Stopper>

1. Tilt the monitor backwards to the maximum.
2. Press the monitor to lower the stand to the maximum.
3. While pressing the stopper, adjust the height of the stand.

